

# Newsletter

#126 May 2024

## **Summer Hours**

#### Starting May 27th

A reminder to all members that summer hours will begin on Memorial Day and will last through to Labor Day.

**Summer Hours:** 

Sunday - Thursday: Close @ 8:45pm Friday & Saturday: Close @ 9:45pm

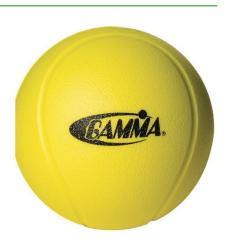


## Gamma Pickleballs

With Summer fast approaching, Pickleball will be a hot item here at SYRC!

These Pickleball balls (pictured right) made by Gamma are a great substitute for the regular ball to mitigate the high-pitched sound that is emanated by common pickleballs.

The Gamma ball has been recommended to the Rec Center and the Rec Center would like to recommend these to our Pickleball players and enjoyers. They are not required to play, however they will help to significantly reduce the noise and, in turn, make Pickleball a more widely enjoyed and accepted activity here at SYRC.



# Yoga at SYRC

Mondays - 7pm to 8pm Wednesdays - 7pm to 8pm

- Sign up is required please call Beverly at (310)-562-8362.
- Please bring a yoga mat, 2 towels and props if you need them.



### Thursday, April 25th, 6:00pm

This will be a hybrid meeting - taking place both virtually and in person in the SYRC clubhouse unless posted otherwise on the SYRC website **HERE** and at the Rec Center at least 4 days prior. All members are welcome to attend. For updates, agenda and meeting location go to <a href="http://syrcpalisades.org/board-meetings/">http://syrcpalisades.org/board-meetings/</a>.



### **SYRC Book Club**

### \*There will be no meeting in May\*

June 7th - "The First Ladies" by Marie Benedict



For **updates**, call the Rec Center at 310-459-4083 or visit the SYRC website at <a href="http://syrcpalisades.org/notices/">http://syrcpalisades.org/notices/</a>.

www.syrcpalisades.org, syrcdir@gmail.com, 310-459-4083



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