



Santa Ynez Recreational Center

Newsletter

#117 August 2023

SYRC Board Election

PLEASE VOTE!

Members, please be on the lookout for election materials in the mail from Elect 2 Inspect. This is not junk mail. PLEASE make sure to submit your ballot by mail. There will be a pre-paid envelope inside including a secret ballot and voting instructions.

In order for your votes to count you must sign the returning envelope so your ballot is valid. If you have any questions about the election, please contact Gordon Marino at gordon@elect2inspect.com.

Thank you for voting for your community!



Water Aerobics at SYRC Every Monday at 11:30am

Just Add Water for a 3 in 1 low impact one-hour workout for ultimate fitness and longevity. Work on cardio, strength training and flexibility.

Varied equipment provided (except noodle)

Mondays at 11:30am

Contact: Susan at skklein@ucla.edu
Or our aquatic certified instructor Deborah at
(818)-383-4400 or aquaflexnstretch@gmail.com



Shower Reminder

SYRC would like to remind members to please **use the showers to rinse off before entering the pools.**

Rinsing before using the pool helps to remove sunscreen and oils from your skin that react negatively to the water's chemistry.

We respectfully request this before entering *all* pools, but especially the spa, as it is such a small body of water.



SYRC Board Meeting

Thursday, July 27th, 6:00pm

This board meeting will be hybrid - taking place both in person at the SYRC Clubhouse **and** virtually via Zoom. Any changes will be able to be seen **HERE** at least 4 days prior.

All members are welcome to attend. For updates, agenda and meeting location go to <http://syrccpalisades.org/board-meetings/>.



SYRC Book Club

"Dictionary of Lost Words"

by Pip Williams

Friday, August 4th, 2:00pm

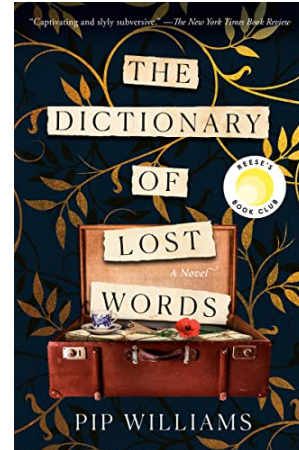
Location: 1338 Avenida De Cortez (home of Barbara Rosenblum)

Book Club meets on the first Friday of each month.

September 1 - "Still Life" by Sarah Winman

October 6 - "Killers of a Certain Age" by Deanna Raybourn

November 3 - "Great Circle" by Maggie Shipstead



For **updates**, call the Rec Center at 310-459-4083 or visit the SYRC website at <http://syrccpalisades.org/notices/>.

www.syrccpalisades.org, syrccdir@gmail.com, 310-459-4083



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