



Santa Ynez Recreational Center

# Newsletter

#115 June 2023

## Memorial Day Reminders

SYRC would like to remind members of a few key rules with Memorial Day weekend fast approaching.



- **Alcohol of any kind is strictly prohibited on any part of the premises.**
- **Members are allowed a maximum of 6 guests per household, please be aware of how many guests you are bringing.**
- **Help keep the water clean! Please rinse off in the showers before entering the pools, *especially* the jacuzzi.**
- **Leave it how you found it - Please be courteous to other members and clean up after yourself and your party before leaving.**

We are excited to see more of our members with summer right around the corner! Please be safe and have fun!

## ACS Security is here for you!

With Summer just starting, SYRC would like to give our members a reminder that ACS Security is available for 24/7 response to a multitude of situations and have full access to our facility, should it be necessary. The rec center is not always staffed, so it is good to have the contact information of this invaluable asset should you feel unsafe at any time, find the gates or parking lot locked in the early morning, etc.



Please store this contact information where it is readily available for you:

**ACS Security Local Dispatch**  
**(310)-475-9016**

## Yoga Class Returns!

**Thursdays @ 9am starting May 25th**  
**SYRC Clubhouse**

\*From Beverly (yoga instructor):

"Come by the Rec Center to strengthen our bodies, minds and spirits. Let's get to know each other, move our bodies (yin or yang yoga), practice deeper breathing, relaxing and strengthening our nervous systems. Yoga is my passion; it has changed my life and how I look and live in this world."



No fee is required, donations are welcomed and appreciated.

For questions, please call Beverly at (310)-562-8362.

## SYRC Board Meeting

Thursday, May 25, 6:00pm

This board meeting will be hybrid - taking place both in person at the SYRC Clubhouse *and* virtually via Zoom. Any changes will be able to be seen **HERE** at least 4 days prior.

All members are welcome to attend. For updates, agenda and meeting location go to <http://syrccpalisades.org/board-meetings/>.



## SYRC Book Club

### "Honor"

by Thrity Umrigar

Friday, June 9th, 2:00pm

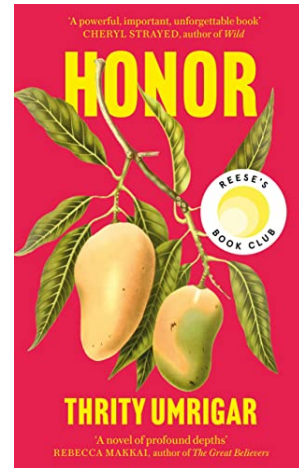
Location: 1338 Avenida De Cortez (home of Barbara Rosenblum)

Book Club will return to meeting on the first Friday of each month in July.

July 7 - "Hello Beautiful" by Anna Napolitano

August 4 - "Dictionary of Lost Words" by Pip Williams

September 1 - "Still Life" by Sarah Winman



For **updates**, call the Rec Center at 310-459-4083 or visit the SYRC website at <http://syrccpalisades.org/notices/>.

[www.syrccpalisades.org](http://www.syrccpalisades.org), [syrccdir@gmail.com](mailto:syrccdir@gmail.com), 310-459-4083



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